Illness Guidelines for Fletcher Miller School
When to keep your child home or anticipate a release from school

As you are aware, students at Fletcher Miller present with a variety of medical conditions, and some are very fragile. Therefore, we need to have more than the usual concern regarding infectious disease and illness in our school. **The following will give general guidelines for when to keep your child home or when you could anticipate your child to be sent home from school** (this has been adapted from the Jeffco Dept. of Health Services Parent Notification and School Exclusion Guidelines).

1. Has a **fever**. A fever is a temperature of 100.0 degrees or greater (*Note: we use a temporal thermometer in the clinic*). Your child should be kept home for 24 hours after the temperature has returned to normal without the use of Tylenol or Ibuprofen/Motrin.

2. Presents with a **red, sore throat**. **NOTE**: if your child is diagnosed with a bacterial infection (ie, strep throat) your child should remain at home until he/she has been on antibiotics for **A FULL 24 HRS**.

3. Has excessive nasal discharge or a change in color of the discharge. If nasal drainage is green in color 5 days after initially showing symptoms of a cold, or if your student is not improving after 5 days, we will notify you. This could indicate an infection beyond the basic cold.

4. Presents with respiratory symptoms: excessive coughing, audible congestion, and/or increased sputum. To limit the spread of the illness, **please keep your child home when symptoms first develop**, as this is when he/she is most likely to be contagious.

5. Has an unidentified rash or suspicious looking spots. Often times a rash is a manifestation of an infectious process that should be evaluated by your child’s physician.

6. Has a **red or pink-looking eye**, or wakes up with crusty drainage to the eyelids or eyelashes. This may be “pink-eye”, which requires treatment **before** your child can come back to school. If your child’s physician prescribes an antibiotic, your child must be on the antibiotic for **A FULL 24 HRS** before returning to school.

7. For a gastro-intestinal problem (nausea/vomiting). Whether it started at school or at home during the evening, he/she should be kept home the next day to allow adequate time for recovery and to make sure any contagious period has passed.

8. Has **diarrhea or loose BM’s** (that are unusual for your child). You will be notified with the second stool. We realize many of the students take a variety of products to aid in digestion, but if your student has 2 loose BM’s in the school day, you will be notified.

9. When **head lice** is discovered. Please let the clinic know if your child has contracted lice, so we can take appropriate actions. He/she can return after their first treatment with an effective anti-lice shampoo containing pyrethrin or permethrin, which can be purchased over the counter at any pharmacy.

10. Presents with **excessive fatigue** (that is unusual for your child), or not well enough to participate at his or her level, during the school day.

**Please:**

1. Call the school attendance line if your child will not be at school **303-982-7195**.

2. Call transportation to let them know your child will not be riding the bus.

3. Make sure we have updated emergency contact numbers!!

4. Call the school clinic or send a note with any results of a physician’s visit or updated medical information. This will help us keep track of any illnesses going around the school and to better meet your child’s needs.