

## Illness Guidelines for Fletcher Miller School

When to keep your child home or anticipate a release from school

As you are aware, students at Fletcher Miller present with a variety of medical conditions, and some are very fragile. Therefore, we need to have more than the usual concern regarding infectious disease and illness in our school. **The following will give general guidelines for when to keep your child home or when you could anticipate your child to be sent home from school** (this has been adapted from the Jeffco Dept. of Health Services Parent Notification and School Exclusion Guidelines).

1. Has a fever. A fever is a temperature of 100.0 degrees or greater (*Note: we use a temporal thermometer in the clinic*). Your child should be kept home for 24 hours after the temperature has returned to normal without the use of Tylenol or Ibuprofen/Motrin.
2. Presents with a red, sore throat. NOTE: if your child is diagnosed with a bacterial infection (ie, strep throat) your child should remain at home until he/she has been on antibiotics for **A FULL 24 HRS**.
3. Has excessive nasal discharge or a change in color of the discharge. If nasal drainage is green in color 5 days after initially showing symptoms of a cold, or if your student is not improving after 5 days, we will notify you. This could indicate an infection beyond the basic cold.
4. Presents with respiratory symptoms: excessive coughing, audible congestion, and/or increased sputum. To limit the spread of the illness, *please keep your child home when symptoms first develop*, as this is when he/she is most likely to be contagious.
5. Has an unidentified rash or suspicious looking spots. Often times a rash is a manifestation of an infectious process that should be evaluated by your child's physician.
6. Has a red or pink-looking eye, or wakes up with crusty drainage to the eyelids or eyelashes. This may be "pink-eye", which requires treatment *before* your child can come back to school. If your child's physician prescribes an antibiotic, your child must be on the antibiotic for **A FULL 24 HRS** before returning to school.
7. For a gastro-intestinal problem (nausea/vomiting). Whether it started at school or at home during the evening, he/she should be kept home the next day to allow adequate time for recovery and to make sure any contagious period has passed.
8. Has diarrhea or loose BM's (that are unusual for your child). You will be notified with the second stool. We realize many of the students take a variety of products to aid in digestion, but if your student has 2 loose BM's in the school day, you will be notified.
9. When head lice is discovered. Please let the clinic know if your child has contracted lice, so we can take appropriate actions. He/she can return after their first treatment with an effective anti-lice shampoo containing pyrethrin or permethrin, which can be purchased over the counter at any pharmacy.
10. Presents with excessive fatigue (that is unusual for your child), or not well enough to participate at his or her level, during the school day.

### **Please:**

1. Call the school attendance line if your child will not be at school **303-982-7195**.
2. Call transportation to let them know your child will not be riding the bus.
3. Make sure we have updated emergency contact numbers!!!
4. Call the school clinic or send a note with any results of a physician's visit or updated medical information. This will help us keep track of any illnesses going around the school and to better meet your child's needs.